



Notes From The Chapter Chair

April 2020

Volunteering 101

Finding a good fit:

Americans genuinely want to help others but sometimes our actions don't follow our intentions. Despite our willingness to volunteer, most find it is easier to give money to support a charitable cause rather than give their time.

Many studies have shown us that people are more likely to volunteer when they can do something they really care about. Everyone wins when volunteers can roll up their sleeves and we see tangible results.

If you want to volunteer, here are some tips:

- **Find your passion:** identify those needs or issues that touch your heart.
- **Identify your need:** what you hope to achieve (new experience, skill development, sense of accomplishment, camaraderie)
- **See what's out there:** find a place that addresses both your passion and needs.
- **Assess your skills:** what will you bring to the organization; let them know your strengths.
- **Talk to others:** explore what they do and why they chose an organization.
- **Begin slowly:** give yourself time to get to know the people and organization as a whole.

Whether you commit to a volunteer organization for a few hours a week or a lifetime, never forget that your volunteer service is making a difference.

Giving your time and skills is the greatest gift that can be given to help others.

Tina I. Fahringer
Chapter Chair

How You Can Help Keep RPEA Strong

It only takes a few minutes. Let's work together to build membership. Please share this newsletter with a fellow state or local government retiree who's not yet a member, so they can see the value of RPEA membership. Think of your friends, family, former colleagues and acquaintances. Ask them to read the newsletter, let you know if they have any questions, or offer them the RPEA Helpline: 1-800-726-RPEA or 518-869-2542. Please share this newsletter and get ONE fellow retiree to join.

(cut here)



RPEA New Member Application Form

I wish to **JOIN RPEA** for the following term:

- 1 Year - \$30
- 3 Years - \$75
- 5 Years - \$125
- Lifetime - \$300

You can join online at RPEA.org

Or, mail this form to:

Retired Public Employees Association
165 Jordan Road, Troy, NY 12189

First Name _____ Last Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Name of spouse/domestic partner who will receive a FREE membership. _____

Former Employer _____

Name of RPEA Member who referred you: _____

Payment method:

My check is enclosed (payable to RPEA)

Please charge my Visa MasterCard Amount \$ _____

Card number _____ Expiration _____

Name as it appears on card _____

Authorized signature _____

Mohawk Valley Chapter Quarterly Membership Meeting Thursday, April 9, 2020

The Burrstone Inn
(Formerly the Holiday Inn)
Burrstone Road
Utica, NY

8:30am: Registration
9:00am: Buffet Breakfast
10:00am: Speakers
General Meeting

Cost: \$11.00/person

Door Prizes and Raffle

Guest Speakers

Mark Santa Maria
Project Coordinator
Oneida County Livable Community
"Senior Housing"

Michaela Murphy
Way 2 Go Service Coordinator
"Transportation"

Sarah Maphia
Volunteer Outreach Coordinator
"Volunteering"

PLEASE BRING ITEM FOR THE FOOD PANTRY (voluntary)
&
ITEMS FOR MAKE A DIFFERENCE DAY (Rescue Mission)

Reservation Deadline: April 2, 2020

Make Checks Payable To: Mohawk Valley Chapter RPEA

Mail Checks To: Flo Wilson, 24 Olde Boorne Drive, Apt. 133, Clinton, NY 13323

Questions? Contact Flo Wilson: 315-269-6908

REGISTRATION FORM: Mohawk Valley Chapter Membership Meeting: April 9, 2020

Number Attending _____ @ \$11.00 Each = \$ _____

Name _____

Address _____

Telephone _____ Email _____
Area code Number Please Print

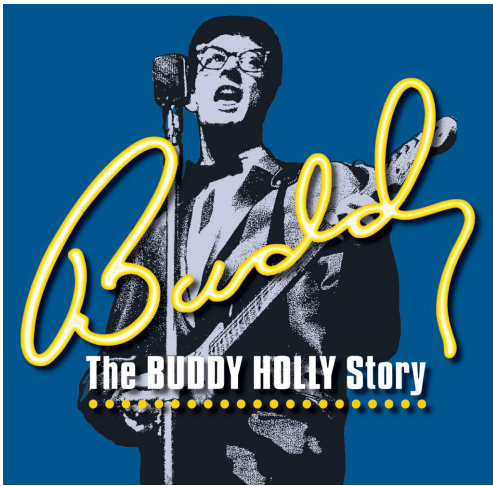
Retired Public Employees Association, Inc.

165 Jordan Road

Troy, NY 12180

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"BY THE TIME YOU'RE 80 YEARS OLD YOU'VE LEARNED
EVERYTHING. YOU ONLY HAVE TO REMEMBER IT"
Comedian George Burns



The Buddy Holly Story

Merry Go Round Theater

Friday, September 18, 2020

\$95.00/person
Driver Tip Included

Payment reserves seat (non-refundable) due by August 1, 2020
Limited Number So Reserve Early

- 9:30 AM: Depart New Hartford Sangertown Mall Upper Parking Lot across from Macy's
11:45 AM: Lunch at Springside Inn, Auburn, NY. Choice of:
(A) Roast Sirloin of Beef with Mushrooms
(B) Baked Haddock with Lemon
(C) Boneless Breast of Chicken with Stuffing
1:30 PM: Arrive at Merry Go Round Theater
2:00 PM: The Buddy Holly Story- The Rock and Roll Legend

Tells the true story of Buddy's meteoric rise to fame, from the moment in 1957 when "That'll Be the Day" hit the airwaves until his tragic death less than two years later on "The Day the Music Died". The show features over 20 of Buddy Holly's greatest hits including "That'll Be the Day", "Peggy Sue", "Everyday", "Oh Boy", "Not Fade Away", "Rave On" and "Raining In My Heart", plus Ritchie Valens' "La Bamba" and the Big Bopper's "Chantilly Lace". Seen by over 22 million people around the world, Buddy will have you on your feet and send you out of the theater on an unstoppable high.

- 4:30 PM: Depart for Home After the Show
6:30 PM: Approximate Return to New Hartford

Questions? Call Pat Sheppard at 315-922-7580

RESERVATION FORM: The Buddy Holly Story: October 5, 2020

Please list all attendees by name:

Name(s) _____

Address _____

Phone _____ E-Mail _____

Meal Choice: (A) _____ (B) _____ (C) _____

Special Needs (if any) _____

MAKE CHECKS PAYABLE TO: MOHAWK VALLEY RETIREES

MAIL RESERVATION FORM AND PAYMENT TO:

PAT SHEPPARD: 244 HIGBY ROAD, UTICA, NY 13501

Mohawk Valley Retirees Present
Raquette Lake Luncheon Cruise
&
Tour of Great Camp Sagamore



Friday, July 10, 2020
9:00am-6:00pm



Featuring

Luncheon Buffet

Chicken, Beef Tips with Buttered Egg Noodles, Maple
Glazed Carrots, Mixed Green Salad with Apricot
Vinaigrette Dressing, Fruit Plate, Baguettes with Butter,
Apple Crisp ala Mode
Beverages: Iced Tea, Lemonade, Coffee, Tea

2 Hour Cruise

90 Minute Tour of Great Camp Sagamore

Cost: \$90.00/person

Bus Leaves Sangertown Square Upper Lot at 9:00am

PAYMENT RESERVES YOUR SEAT (NON-REFUNDABLE)

DEADLINE: JUNE 5, 2020

Reservation Form: Raquette Lake Luncheon Cruise and Great Camp Sagamore, July 10, 2010

Name (s) of all parties: _____

Address _____

Phone _____ E-Mail _____

\$90.00/Person _____ Total Enclosed \$ _____

Make Checks Payable to: MOHAWK VALLEY RETIREES

Mail Reservation Form and Payment to:

KAY GARFIELD, 2410 ONEIDA STREET, APT 1B, UTICA, NY 13501